

June 11, 1999

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Dockets Management Branch (HFA-305) Food and Drug Administration 5630 Fishers Lane, Room 1061 Rockville, MD 20852

Re:

Docket No. 99N-0438

Dear Sir/Madam:

The Food and Drug Administration asked for scientific data, studies, and other related information concerning issues of contamination of ready-to-eat foods by food preparation employees. Attached to this cover letter is a study that we conducted that addresses this issue.

The Food Code of 1999 requires the use of gloves when employees are handling ready-to-eat foods. Research was done in an attempt to demonstrate the effectiveness of gloved hands verses bare hands washed with soap in reducing the transfer of microorganisms.

Transient flora is the main concern when addressing cross contamination issues. Transient bacteria would effect gloved hands or bare hands equally. The attached study results show that transient bacteria from the contaminated, gloved hands had a higher survival rate than those recovered from the washed, bare hands. This higher survival rate would increase the chance of cross-contamination.

It is our belief that there is not enough data collected to support the mandatory use of gloves over hand washing with a good soap in reducing the threat of cross contamination by transient bacterial populations.

We hope that this report will help you in your efforts.

Sincerely,

Dr. Anna Starobin

Microbiology Laboratory Supervisor

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99N-0438



# **Glove Versus Bare Hand Study**

Prepared by microbiology group of KAY CHEMICAL Co. 1999



#### LAB REPORT

ACCOUNT:

None

DATE:

June 10, 1999

**ATTENTION:** 

PREPARED BY:

Dr. Anna Starobin

**REPORT #:** 

REQUESTED BY:

Dan Brady

**COPIES TO:** 

## **Objective:**

To compare the ability of gloved and bare hands to prevent cross-contamination from the employees hands in the food service environment.

# **Background:**

Food Code, U.S. Public Health Service, FDA, 1999

"Preventing Contamination By Employees

3-301.11 Preventing Contamination from Hands.

- (A) FOOD EMPLOYEES shall wash their hands as specified under § 2-301.12.
- (B) Except when washing fruits and vegetables as specified under § 3-302.15 or when otherwise APPROVED, FOOD EMPLOYEES may not contact exposed, READY- TO- EAT FOOD with their bare hands and shall use suitable UTENSILS such as deli tissue, spatula, tongs, SINGLE-USE gloves, or dispensing EQUIPMENT.

PERSONAL CLEANLINESS

Hands and Arms
2-301.11 Clean Condition.\*

FOOD EMPLOYEES shall keep their hands and exposed portions of their arms clean.

#### 2-301.12 Cleaning Procedure.\*

(A) Except as specified in (B) of this section, FOOD EMPLOYEES shall clean their hands and exposed portions of their arms with a cleaning compound in a lavatory that is equipped as specified under 5-202.12 by vigorously rubbing together the surfaces of their lathered hands and arms for at least 20 seconds and thoroughly rinsing with clean water. EMPLOYEES shall pay particular attention to the areas underneath the fingernails and between the fingers.

#### 2-301.14 When to Wash.\*

FOOD EMPLOYEES shall clean their hands and exposed portions of their arms as specified under § 2-301.12 immediately before engaging in FOOD preparation including working with exposed FOOD, clean EQUIPMENT and UTENSILS, and unwrapped SINGLE-SERVICE and SINGLE-USE ARTICLES and:

- (A) After touching bare human body parts other than clean hands and clean, exposed portions of arms;
- (B) After using the toilet room;
- (C) After caring for or handling SERVICE ANIMALS or aquatic animals as specified in 2-403.11(B);
- (D) Except as specified in 2-401.11(B), after coughing, sneezing, using a handkerchief or disposable tissue, using tobacco, eating, or drinking;
- (E) After handling soiled EQUIPMENT or UTENSILS;
- (F) During FOOD preparation, as often as necessary to remove soil and contamination and to prevent cross contamination when changing tasks;
- (G) When switching between working with raw FOOD and working with READY-TO-EAT FOOD; and
- (H) After engaging in other activities that contaminate the hands."

Therefore, according to the Food Code 1999 hands should be washed frequently, and glove usage is not a handwash replacement. In addition, gloved hands have the same probability as bare hands to become contaminated.

### **Test Procedure:**

- In order to simulate the real restaurant conditions, 19 volunteers were asked to wash their hands with E2 rated antimicrobial handsoap (commonly used in the food industry).
- After 15 minutes a single-use latex glove was applied on the left hand. The right hand was remained ungloved.
- Two by two inch squares (picture1) were drawn on each hands' palm and 0.1 ml of a 24 hour <u>E.coli</u> nutrient broth culture was evenly spread on each square.
- The residual <u>E.coli</u> was sampled in 15 minutes after application from both gloved and bare hands. Each hand was placed into a plastic bag with 100 ml of a sampling solution, and massaged for 30 seconds. (Massage was performed by two operators working simultaneously on both hands, see picture 2).
- One milliliter of the sampling solution was transferred into 9 ml of Letheen broth in order to interrupt a residual antimicrobial effect of the antimicrobial hand soap used in the beginning of the test.
- The interruption of the killing action of the residual antimicrobial on hands by neutralizer was proven as per ASTM E 1054-91.
- The Letheen broth inoculates were spiroplated on Eosin Methylene Blue (EMB) agar and results recorded after 24 hour incubation at 37°C incubation.
- Statistical analysis of the collected data was performed. The mean differences were tested for significance by the t test.

#### Notes:

- Nutrient broth culture was used in order to simulate the soil on the hands.
- Palm area of the hand was chosen since this part of the hand is most likely to be in direct contact with food.

#### Media:

- 1. Eosin Methylene Blue agar (BBL)
- 2. Letheen Broth (BBL)
- 3. Buffer (pH 7.2) (AOAC)
- 4. Nutrient Broth (AOAC)
- 5. Sampling Solution (ASTM 1174-87)

#### **Test culture:**

E.coli ATCC # 11229

24-hour Nutrient broth culture.

## **Results and Observations:**

- Results, statistical analysis, proof of the interruption of the killing action of the residual soap, and the test pictures are attached.
- Two to four minutes were needed to dry the bare hand surface while the gloved hand did not completely dry even after 15 minutes of exposure time.
- The single tail t-Test for means on paired samples using the logarithms of the individual bacteria counts showed a p-value of 0.00. This indicates there is a 0.00% chance of seeing this result or one more extreme, given that the population means are identical.

### **Conclusions and Discussions:**

- 1. Significant <u>E.coli</u> reduction was detected on bare hands versus gloved ones.
- Factors listed below may be possible contributors to the test results.

Factor Affecting Microbial Growth on	Gloved Hand	Bare Hand
<u>Hands</u>		
Antimicrobial skin activity	No	Yes
Residual antimicrobial soap activity	No	Yes
Dryness	Yes/No	Yes

A Stanobin Dr. Anna Starobin

Mulist &

Microbiology Laboratory Supervisor

Melissa Hoff Microbiologist

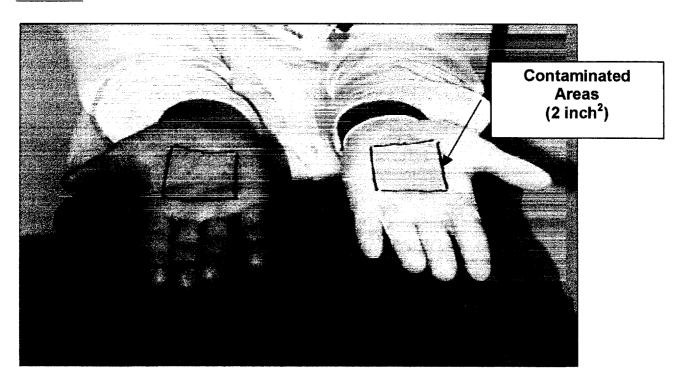
Serier Microbiologist

Carrie Ermitano

**Technician** Tim Smith

Senior Manager Research and Development

# Picture 1



# Picture 2

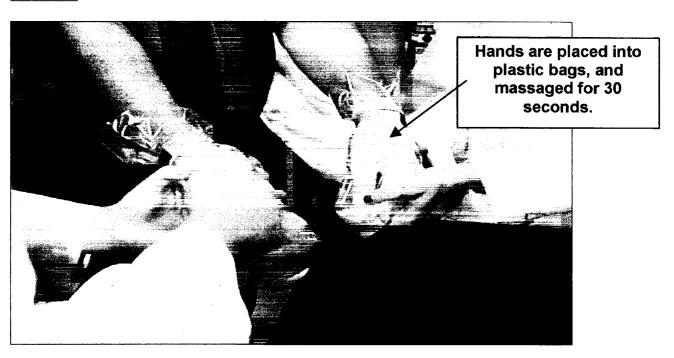


Table 1,2

Subject	Gloved	Gloved	Bare	Bare	Log Difference
#	Hand	Hand	Hand	Hand	Gloved and
	(cfu/ml)	(log)	(cfu/ml)	(log)	Bare Hand
1	1.4x10 <sup>7</sup>	7.2	<1x10 <sup>3*</sup>	<3.0	>4.2
2	1.6x10 <sup>5</sup>	5.2	<1x10 <sup>3</sup>	<3.0	>2.0
3	3x10 <sup>6</sup>	6.5	<1x10 <sup>3</sup>	<3.0	>3.5
4	3.9x10 <sup>6</sup>	6.6	8x10 <sup>4</sup>	4.9	1.7
5	1.1x10 <sup>6</sup>	6.0		4.3	1.7
6	3.8x10 <sup>5</sup>	5.6	<1x10 <sup>3</sup>	<3.0	>2.6
7	1.2x10 <sup>6</sup>	6.1	4x10 <sup>4</sup>	4.6	1.5
8	LA**	LA**	LA**	LA**	LA**
9	2.8x10 <sup>5</sup>	5.5	8x10 <sup>4</sup>	4.9	0.6
10	<1x10 <sup>3</sup>	<3.0	<1x10 <sup>3</sup>	<3.0	0
11	<1x10 <sup>3</sup>	<3.0	<1x10 <sup>3</sup>	<3.0	0
12	<1x10 <sup>3</sup>	<3.0	<1x10 <sup>3</sup>	<3.0	0
13	<1x10 <sup>3</sup>	<3.0	<1x10 <sup>3</sup>	<3.0	0
14	<1x10 <sup>3</sup>	<3.0	<1x10 <sup>3</sup>	<3.0	0
15	7x10 <sup>4</sup>	4.8	2x10 <sup>5</sup>	5.3	5.3
16	2x10 <sup>4</sup>	4.3	<1x10 <sup>3</sup>	<3.0	0
17	6x10 <sup>4</sup>	4.8	<1x10 <sup>3</sup>	<3.0	0
18	3x10 <sup>4</sup>	4.5	<1x10 <sup>3</sup>	<3.0	0
19	1.1x10 <sup>5</sup>	5.0	2x10 <sup>4</sup>	4.3	0.7

<sup>\*1000</sup> is a minimum detective level

# \*\* LA - laboratory error t-Test: Paired Two Sample for Means

	Gloved Hand (log)	Bare Hand (log)
Mean	4.83	3.54
Variance	1.91	0.68
Observations	18.00	18.00
Pearson Correlation	0.41	
Hypothesized Mean Difference	0.00	
df	17.00	
t Stat	4.25	
P(T<=t) one-tail	0.00	
t Critical one-tail	1.74	
P(T<=t) two-tail	0.00	
t Critical two-tail	2.11	

Table 3,4

Subject #	Letheen Broth	Letheen broth +	
		Antimicrobial Handsoap 2.7x10 <sup>6</sup>	
1	4.3x10 <sup>6</sup>	2.7x10 <sup>6</sup>	
2	4.3x10 <sup>6</sup>	3.4x10 <sup>6</sup>	
3	4.3x10 <sup>6</sup>	2.4x10 <sup>6</sup>	
4	4.3x10 <sup>6</sup>	3.5x10 <sup>6</sup>	
5	4.3x10 <sup>6</sup>	3.2x10 <sup>6</sup>	
6	4.3x10 <sup>6</sup>	4.4x10 <sup>6</sup>	
7	4.3x10 <sup>6</sup>	3.6x10 <sup>6</sup>	
8	LA	LA	
9	4.3x10 <sup>6</sup>	2.3x10 <sup>6</sup>	
10	4.3x10 <sup>6</sup>	3.6x10 <sup>6</sup>	
11	4.3x10 <sup>6</sup>	4.3x10 <sup>6</sup>	
12	4.3x10 <sup>6</sup>	3.2x10 <sup>6</sup>	
13	3.6x10 <sup>6</sup>	4.4x10 <sup>6</sup>	
14	3.6x10 <sup>6</sup>	3.7x10 <sup>6</sup>	
15	3.6x10 <sup>6</sup>	2.6x10 <sup>6</sup>	
16	3.6x10 <sup>6</sup>	4.6x10 <sup>6</sup>	
17	3.6x10 <sup>6</sup>	3.9x10 <sup>6</sup>	
18	3.6x10 <sup>6</sup>	4.7x10 <sup>6</sup>	

t-Test: Paired Two Sample for Means

	Letheen Broth	Letheen broth +soap
Mean	4052941.18	3558823.53
Variance	1.19E+11	5.85E+11
Observations	17.00	17
Pearson Correlation	-0.42	
Hypothesized Mean Difference	0.00	
df	16.00	
t Stat	2.12	ALVOYA IBA Mando and another measure of the state of the
P(T<=t) one-tail	0.03	
t Critical one-tail	1.75	
P(T<=t) two-tail	0.05	
t Critical two-tail	2.12	

Data from the neutralization study was also analyzed by the t-Test for means. The single tail t-Test for means on paired samples of the individual bacteria counts showed a p-value of 0.025. This indicates there is a 2.5% chance of seeing this result or one more extremes, given that the population means are identical.

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